

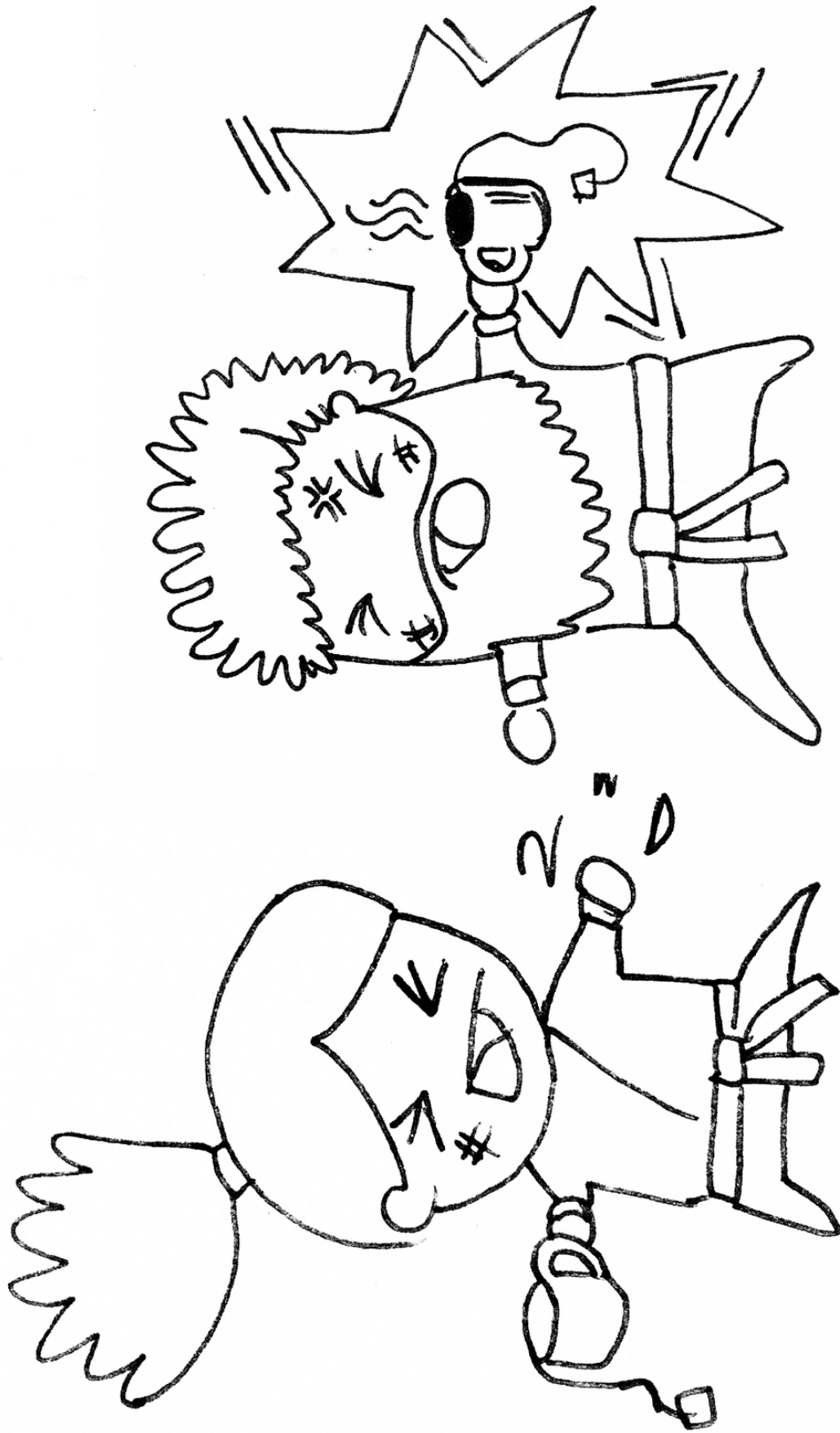


空手道  
コミュニティ

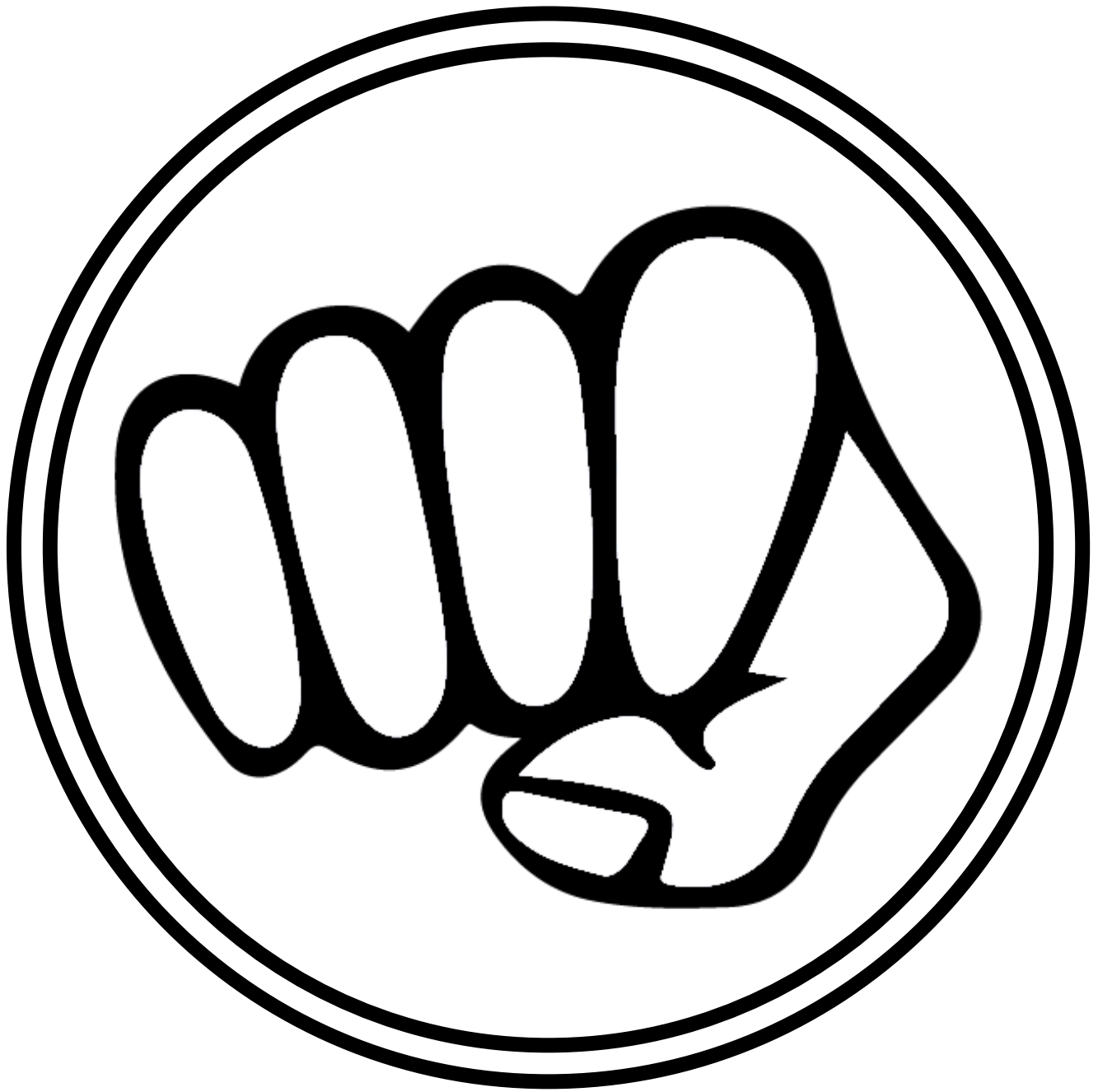
# karate

COMMUNITY

Exercise mindfulness by getting creative decorating and colouring in our logo.  
Submit your creation to us and be showcased on our [Facebook page](#)! Don't forget to put your name and age on it.



Exercise mindfulness by getting creative decorating and colouring in this pic Sensei Peter drew. Submit your creation to us and be showcased on our [Facebook page](#)! Don't forget to put your name and age on it.



Exercise mindfulness by getting creative decorating and colouring in the old Goju Kensha logo. Submit your creation to us and be showcased on our [Facebook page](#)! Don't forget to put your name and age on it.